



Bitcoin is Hope

powered by



DENTILYZ®

introduction

Congratulations and welcome to this 3-Day, Get Cryptonized Experience. You should be proud of yourself for taking this first step into the amazing world of blockchain and cryptocurrencies, and for deciding to take control of your finances.

We honestly believe that by **you** making the decision to understand this new financial technology and actively be a part of this monetary revolution you can create financial freedom for yourself and your family and that you can do it **Faster** than in any other asset class...

But it's going to take a different mindset about money, developing some skills, and understanding the tools available.

That is where **we** come in. We have spent years making mistakes and have still come out on top. What we hope to achieve in this course is to be able to give you 12 years of combined experience of trial and error so that you can obtain more financial freedom in your life without the pain and frustration that we went through.

In this 3 day workshop, we will cover

What cryptocurrency and blockchain are and Why you need to have these assets in your portfolio?

Where are you financially?

We will help you to set yourself up to buy cryptocurrency safely and store it or move it.

We will give you some strategies that will set you up for financial freedom.

Important Assets

We have provided a financial workbook for you to use as a guide to know where you are financially and for you to be able to work out a game plan.

You have a cryptocurrency toolbox with all the tools you will need to buy your first crypto and store it safely

We have provided a step-by-step reference guide so that you will always have something to refer back to.

Your Get Cryptonized Schedule



Day 1

Why You need to be in this space & Where you are in your financial journey



Day 2

How to set up, purchase and store your crypto safely and securley



Proton VPN



Day 3

Going deeper down the rabit hole & winning strategy



Notes



Day 1

What is Crypto Currency

If you had any doubt before this workshop... after Day 1 you will undoubtedly see that cryptocurrency and blockchain are a far superior technology to the tech that is being currently utilized and that whether you like it or not, this tech is here to stay and in fact, it is growing at an exponential rate. **It's never a good idea to bet against technology!**

Can you name any other technologies that put old tech out of business?

Do you know who owns most of the worlds reserve banks? Did you know they are privately owned?

Can you think of any other companies or technology that has the network effect?

Why should crypto be in your portfolio

After day 1 you should be in no doubt that crypto is here to stay and that it is the fastest-growing asset class in history. But none of that makes any real difference to you unless you are able to participate in this growth.

Why do you think this crypto technology is better than the technology we currently have?

What is it that makes bitcoin so valuable?

Can you find out how much bitcoin has grown since its inception in 2009?

Can you find out what the potential growth is for bitcoin in the next 10 years?

Personal Finance Workbook

When embarking on any journey you may think that the first step is knowing where you are going, but in reality, the first step is always knowing where you are... This workbook is designed to help you understand where you currently are in your financial journey.

This workbook will help you to understand:

- Your personal balance sheet, the value of the assets you currently own.
- What your current personal inflation rate is and how to work out the devaluation of your money?
- What you are currently spending monthly.
- How to pay yourself first and therefore create a mindset of abundance.
- Set up an asset creation game plan.

Note: It is important to be as honest and accurate as you can be so that you can pinpoint exactly where you are, work out where you want to go, and only then can you formulate a plan.

Working out the value of your assets

It is important to understand that true financial wealth is determined by the number of assets you own, and that passive income is generated through those assets. This exercise is designed to help you work out accurately the value of the assets you currently own.

Personal Balance Sheet

Assets

Asset Description	Current Realistic Value(appr)
1. Property	<input type="text"/>
2. Movable Assets (Furniture)	<input type="text"/>
3. Vehicles	<input type="text"/>
4. Paper Assets	<input type="text"/>
5. Crypto assets	<input type="text"/>
6. Other assets	<input type="text"/>
Total Asset Value ...	<input type="text"/>

Liabilities

Liability Description

Current Settlement Figure

1. Bond/Mortgage

2. Vehicle Loans

3. Overdrafts

4. Bank Loans

5. Credit Cards

6. Other debts

Total Liability value ...

Total Asset Value Minus Total Liability = Nett Asset Value

What is the total of your assets

Do any of the assets generate a monthly passive income? YES

NO

If YES how much monthly income does it generate?

Working out your personal inflation

Now we all know that inflation is rising... BUT by how much? Well, the governments of the world will tell you that its 5%, 8%, 10% but the reality my friends is that it is normally much higher than that. You see the published inflation figures don't take things like fuel and food into account. So, what is YOUR PERSONAL annual inflation? Well to do this I am going to need you to do some digging.

Below are 3 tables and in this exercise, we want you to try and find the prices of items that you use going back 5 years. This exercise is designed to give you the true inflation. The inflation that affects you and your family and friends. THAT'S WHAT WE CARE ABOUT. Have a look at the example below:

Grocery items

Description Current Year 1 Year ago 2 Years ago 3 Years ago 4 Years ago 5 Years ago

Milk per gallon	\$4.32	\$3.86	\$3.51	\$3.24	\$2.47	\$2.18
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Total %

98%

Entertainment items

Description Current Year 1 Year ago 2 Years ago 3 Years ago 4 Years ago 5 Years ago

Big Mac Meal	\$7.99	\$6.70	\$5.40	\$3.24	\$4.99	\$4.60
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Total %

78%

Family specific/ Educational/ medical etc

Description Current Year 1 Year ago 2 Years ago 3 Years ago 4 Years ago 5 Years ago

Health Insuranc	\$1910	\$1825	\$1778	\$1714	\$1634	\$1563
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Total %

22%

Family specific/ entertainment/ every day items

Description Current Year 1 Year ago 2 Years ago 3 Years ago 4 Years ago 5 Years ago

Description	Current Year	1 Year ago	2 Years ago	3 Years ago	4 Years ago	5 Years ago

Total %

Total Annual Household inflation % ...

So, if your actual inflation is what you worked out above then the next question has to be what are your current investments earning you?

Pension Fund/ 401 K/ Annual Growth % ...

Savings Annual Growth % ...

Annual Salary Increase % ...

Now here is the challenge... if your current long-term investments are not beating inflation then unfortunately your money is being eaten away faster than you can save it.

BUT FEAR NOT there is hope!

Before we talk about the solution let's talk about conventional long-term saving plans like pensions, 401K's, or endowments, and let's look at what capital you would need to produce your desired lifestyle. Example of conventional investment.

\$1 000 000.00 Invested today, after tax @ 2% pa = $\$20\,000 / 12 = \1666.00 pm.

- Monthly Income needed for desired lifestyle ...

- Capital needed to achieve monthly desired income ...

Ok so now you can see what capital you would need to generate the dream lifestyle but unfortunately, the problem is deeper than that because we haven't factored in the devaluation of your money due to inflation yet. So, let's look at that for a second:

Let's say that to live your ideal lifestyle you will need \$6000 per month. At a 2% pa investment you will need \$3.6 million as capital. However if your money is losing buying power at the rate of 13.2% then your \$6000 will only be worth \$2956. In 5 years, your money is worth less than half its value. Never mind in 10, 20, or 30 years.

So now we would like you to work out the devaluation over the next 5 years based on the % inflation you worked out in the above exercise.

- % annual personal inflation ...

- Capital needed for desired lifestyle ...

- Devaluation of buying capacity over 5 years ...

The only other thing we need to figure out is how long are you going to live. How long will your buying power keep diminishing? 10 years, 30 years, 50 years. Here's the thing... We don't know how long we are going to live.

The first thing we need to determine is how much of your monthly active income is being spent. Pro tip: if you spend everything you make or more than you make then there's no way to buy assets. So, let's get started.

Your Personal Budget

Ok so let's break down your monthly expenses, try to be as honest and accurate as possible and let's see if we can find where all the money's going.

• Accommodation (Where you stay)	<input type="text"/>
• Water & electricity	<input type="text"/>
• Services (cleaning, garden etc)	<input type="text"/>
• Insurances (medical, car, life, home)	<input type="text"/>
• Maintenance – Long term/on-going	<input type="text"/>
• Telecommunication/Data/wifi/Cell phone	<input type="text"/>
• Traveling expenses / Public Transport / Motor Vehicle / Fuel / Parking / Toll Fees / Vehicle Insurance	<input type="text"/>
• Household Consumables/Groceries/Pet Care	<input type="text"/>
• All Medical expenses	<input type="text"/>
• Clothing	<input type="text"/>
• Education/School fees/Text books/Extra activities	<input type="text"/>
• Membership/Clubs/Religious Groups/Donations/Gym ..	<input type="text"/>
• Conventional Financial products/Pension/RA/Savings ..	<input type="text"/>
• Monthly Family entertainment	<input type="text"/>
• Annual Vacation	<input type="text"/>
• Other (Monthly Expenses)	<input type="text"/>
Total	<input type="text"/>

Now how much of your monthly income is spent on the above living expenses, is it 75%, 100%, 120%? **The goal must be to reduce your living expenses and increase your income.**

How to create an abundance mindset

Here's the biggest challenge most of you are facing today... You have all been taught to pay your bills!!!

No, of course you must pay your bills but what you should be doing is paying yourself first. You might be asking how do I do that; I don't have enough money to get me through the month, how do I now pay myself?

Well, the answer is one small step at a time but here is the thing, YOU NEED to make a commitment to yourself that before you pay any creditor you take a % of your salary/earnings and put it into the following jars:

- A % into IGA (income generating assets),
- A % into education,
- A % towards something fun
- A % to a charitable cause.

Ideally you want to be putting 10% of your income away into these jars but it may very well not be possible at first.

Pro Tip: Just start, even if it's a few dollars each month by creating this habit of paying yourself first you will see what happens over the course of the next years. You will be amazed at the results. but its going to take discipline.

"In essence, if we want to direct our lives, we must take control of our consistent actions. It's not what we do once in a while that shapes our lives, but what we do consistently" Tony Robbins

Now we would like you to commit to how much you are going to start putting into these jars every month. It doesn't have to be actual jars, it can be different accounts within your bank account or after this course you can create different crypto wallets.

LETS GO



Your commitment to yourself

- What % of your monthly income is living expenses

Target: 33,33% - 50%

- % of monthly income in IGA jar

Definition

*Produce Passive Income

*High Leverage

*Compounding Benefit

*Appreciate In Value

Target: 1% - 10%

- % of monthly income in ongoing education jar

Target: 1% - 10%

- % of monthly income in Fun/Bucket List jar

Target: 1% - 10%

- % of monthly income in gratitude (List donations to Causes without any personal benefit direct or indirect) jar

Action Plan

Success Work, Day 1:

Watch the following video before Day 2: Raoul Pal's Introduction to the Exponential Age
<https://youtu.be/0tJrla31t8I>

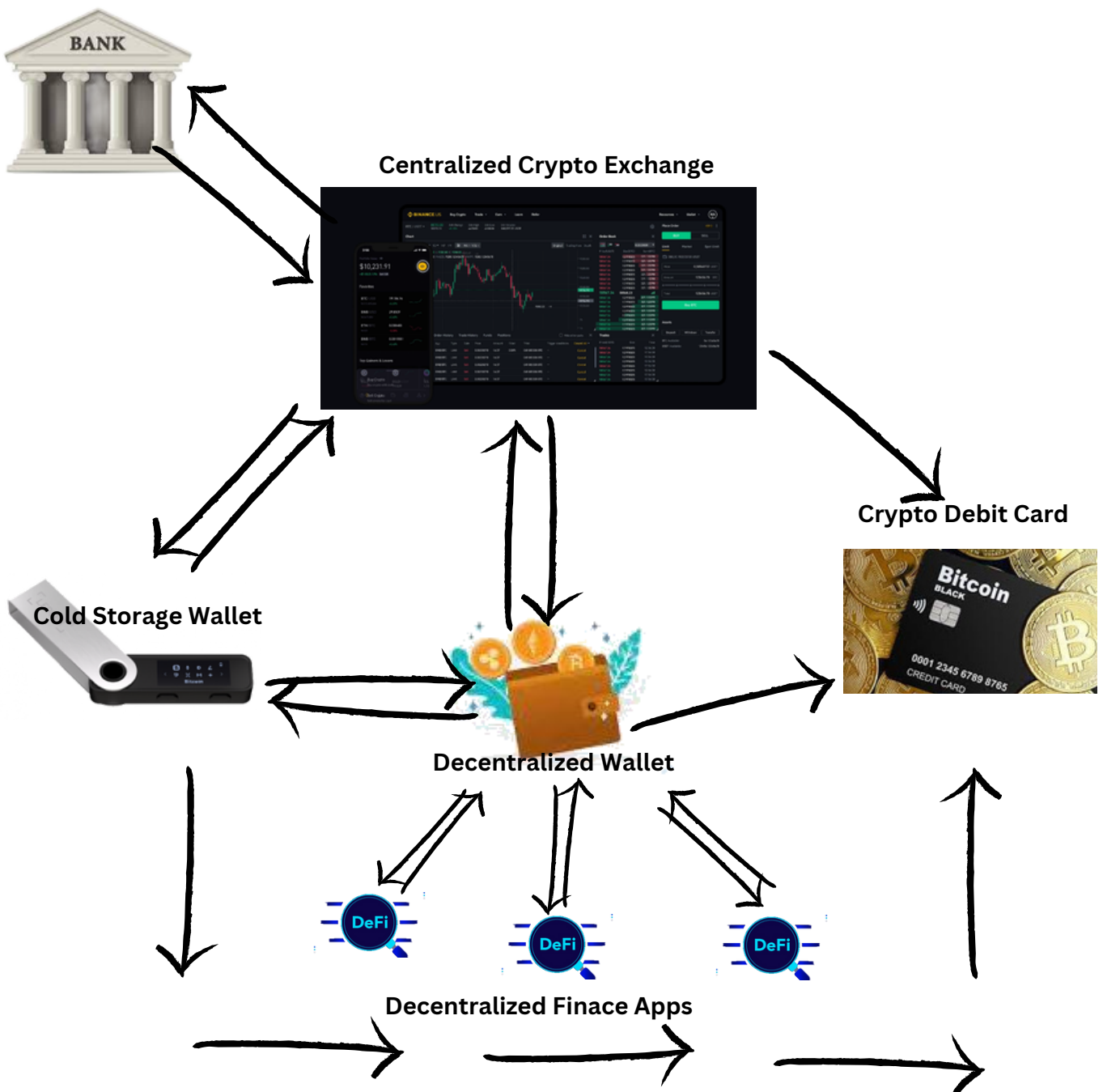
Watch the Mike Malony's Hidden Secrets of Money Series Episode 1 to 10 Episode 1:
<https://youtu.be/DyV0OfU3-FU>

Day 2

The flow of money

Now it is time to take some action steps... don't be afraid, we are here to help and guide you through this process. Remember: you get good at what you do repeatedly, so if you spend a few minutes each day you will gain confidence and eventually it will be as easy as internet banking.

Below you will see a diagram of how the money flows in and out of the space to help you remember what steps to take.



The flow of money

- The flow of money starts with setting up a centralized exchange platform. These platforms are regulated and therefore in order to transfer money from a bank or credit card, the account will need to be KYC (Know Your Customer) this might have a different name in your country but it is a regulation that forces the platform to request proof of ID and in some cases proof of residence from their users. On some platforms, this is not required if depositing cryptocurrency but if you are going to transfer money from your bank or buy crypto using a credit card then you will need to complete the KYC requirements.
Once this is complete you can move funds from your bank to the platform. NB it is also, the only way to move funds back to your bank account.
- Once you have funds in the decentralized exchange you can move these funds to hardware or cold wallets which is a great place to store your crypto if you are storing them for a longer term as this is the safest way to store your crypto. It is virtually impossible to hack a cold wallet.
- You can also move funds into a decentralized wallet, this is a wallet that is not owned by a company and therefore there is no entity that has access to your private keys. This allows you to transact freely without having to KYC and no entity can block your transactions. It does however mean that if you lose your password and the 12-word seed phrase then your funds are **NOT** retrievable.
- Using a decentralized wallet allows you to transact with various decentralized finance applications like loaning, yield farming, NFT's to name a few.
- All of the mentioned wallets and exchanges can link to cryptocurrency debit cards which are available in most countries. bear in mind that applying for one of these cards will require you to complete KYC requirements. once you have a card you can send various cryptocurrencies to the card and use it the same way as you would use a debit card.



ethereum

Safety & Security

It is of utmost importance to remember that you are totally responsible for your cryptocurrency. Unlike a bank, if someone hacks your account and steals your crypto, **IT'S GONE**. You are the bank. Now this might sound scary but all you need do is put some safety precautions in place:

- **Use a VPN when surfing the net.**
A VPN will mask your IP address so that your address cannot be tracked.
- **Use an encrypted mail service for your cryptocurrency**
An encrypted mail service prevents anyone from hacking your email account.
- **Use a secure browser**
A secure browser prevents pop-up ads and cookie trackers.
- **Store your passwords and seed phrases offline in a secure place**
You want to have all of your passwords, seed phrases, and 2FA QR codes written down in a book locked away in a safe so they cannot be hacked and stolen.
- **Make sure that you have all of the recommended security settings on your centralized platforms**
All centralized platforms have various security measures such as 2 FA, withdraw passwords, SMS and email codes, whitelists, etc. make sure they are all applied to your accounts
- **Set up two-factor authentication on your phone where possible**
Two FA allows you to link your various accounts with your phone so that you need both the computer and phone to be able to log in, withdraw, etc.
- **Hardware cold storage wallet**
A hardware wallet allows you to store your cryptocurrency offline. Crypto stored on cold storage wallets make it almost impossible to hack.



Your Crypto Toolbox

We wanted to make sure that you had all of the tools you will need to be able to buy, store and move your cryptocurrency safely and securely.

We would suggest that you spend a couple of hours NOW while it is fresh in your mind and get your applications and platforms set up.

- Click on the Buttons below to download the app or navigate to the site.
- Check off once you have set up the app or account.

Step 1: Set up your Safety & Security

It is **VERY** important to think of yourself as your own bank. This is a fantastic concept but it comes with a big responsibility. **YOU** are the bank! And therefore the security is down to you. Start the right way by separating your finances from your day to day life. Here are all the tools you will need to get set up safely & securely and a set by step guide on how to do it.



Proton VPN

Proton VPN is a virtual private network and provides an encrypted server and hides your IP address. Proton is free for the basic subscription.



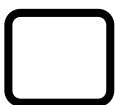
Proton Mail

Proton Mail is an end - to - end encrypted email service and is a safer option than gmail or yahoo.



Brave Browser

Brave Browser is a privacy - focused browser, which automatically blocks online advertisements and website trackers in its default settings.



Google Authenticator

Google Authenticator is software that implements two-step verification services using the Time-based One-time Password Algorithm

Click link below

[Step By Step guide to set up](#)

Step 2: Set up your Centralized Exchange & Decentralized Wallet

When starting out you will need a centralized exchange to be able to move money from your bank into the crypto world. From there you can use a decentralized wallet to store your digital currencies.



Binance

Binance is a cryptocurrency exchange which is the largest exchange in the world in terms of daily trading volume of cryptocurrencies.



Bybit

Bybit exchange is a crypto derivatives exchange, providing a fair-trading environment to trade futures and spot with good leverage



Exodus

Exodus is a cryptocurrency wallet with an incorporated, decentralized cryptocurrency exchange and offers the ability to connect to a centralized one as well

Click link below

Step By Step guide to set up

Step 3: Cold Storage

An essential tool for storing your bitcoin long term is a cold storage or hardware wallet and is virtually un-hackable. If you are going to employ our strategy then this is a must.



Ledger

Ledger is a secure Bitcoin hardware wallet. It connects to any computer through USB and embeds a built-in OLED display to double-check and confirm each transaction with a single tap on its buttons.

Click link below

Step By Step guide to set up

Other Tools

Analysis Tools

CoinGecko

CoinGecko is a site that hosts up-to-date data on cryptocurrencies. The platform is considered one of the largest information aggregators in the industry.

CoinStats

CoinStats is the number one crypto portfolio manager on the market. It is an easy-to-use platform to manage all your crypto from one place



Safety & Security

Shieldfolio

Shieldfolio is a website that provides tools to be able to save you data like seed phrases and passwords offline

Decentralized Wallet

Metamask

MetaMask is a popular cryptocurrency wallet known for its ease of use, availability on both desktops and mobile devices, the ability to buy, send, and receive cryptocurrency from within the wallet, and collect non-fungible tokens (NFTs)

Crypto Debit Cards

XAPO

Xapo is a Gibraltar-based bank licensed by the Gibraltar Financial Services Commission.[1] The company originally provided a bitcoin wallet combined with a cold storage vault and a bitcoin-based debit card.

TTM Bank

TTM Bank is a European bank that has crypto visa card that allows the user to transfer multiple cryptocurrencies directly onto the card. Only for European Users.

Day 3

Going Deeper

So I hope that after two days I hope that you now have the belief that cryptocurrency is here to stay and that you can have a part of the massive growth we are yet to experience.

I hope you have an idea of where you are financially and what you need to do to get a better mindset around your finances.

I hope you have set up your accounts safely and securely and maybe you have even bought some cryptocurrency.

What you have learned is just the tip of the iceberg my friends, there is **SO** much more.

Lets take a little peep down the rabbit hole:

NFT's

A non-fungible token (NFT) is a unique digital identifier that cannot be copied, substituted, or subdivided, that is recorded in a blockchain, and that is used to certify authenticity and ownership.

Staking

Learn about DeFi staking and how it involves locking one's crypto tokens into a smart contract in an effort to earn more of those tokens in return. Consider it the decentralized equivalent of putting your money in a bank fixed deposit.

Farming

Learn about Yield farming and how it involves lending or staking cryptocurrency in exchange for interest and other rewards. Yield farmers measure their returns in terms of annual percentage yields (APY).

DeFi Loaning

Learn what DeFi lending, or decentralized finance lending, is and how you can use it similarly to the traditional lending service offered by the banks, except that it is offered by the P2P decentralized applications (DApps). DeFi lending platforms help people borrow and lend funds which allow the crypto holders to earn a substantial income.

Trading

Learn how to take a financial position on the price direction of individual cryptocurrencies against the dollar (in crypto/dollar pairs) or against another crypto, via crypto to crypto pairs.

Portfolio Management

Learn how to monitor various altcoins and know what to look for in a promising asset.



A Simple Strategy

DCA (Dollar Cost Averaging)

Dollar Cost Averaging (DCA) is a strategy that allocates a fixed sum of money in regular intervals to buy an asset. This is done in hopes of reducing the impact of asset price volatility and lowering the average cost per share over time.

Here's how you do it

- Decide if you have a lump sum of capital or a fixed amount per week/month
- Decide which cryptocurrencies you want to DCA into. (BTC & ETH is a good place to start)
- If it's a lump sum then divide that lump sum into equal parts depending on how much you have, for example, \$10 000 divided by 52 equals \$192 per week.
Transfer the \$10k onto an exchange and convert it into a dollar stable coin like USDT or USDC.(this will prevent you from spending it)
Now set a reminder each week and when you are alerted o onto your exchange and convert your calculated amount of USD into crypto.
- If you are working with a fixed weekly or monthly amount then refer back to the financial workbook. each week or each month before you pay any of your debtors, transfer your commitTed amount to the exchange and convert it into your chosen cryptocurrency.
- This strategy is extremely simple but extremely effective when Saving into appreciating assets.

Are you investing a lump[sum or weekly/monthly fixed amount

What amount are you committed to invest

What Period are you committed to invest for

Video tutorials

Blockchain for beginners <https://youtu.be/bX8rQJYl2dk>

Proof of Work vs Proof of Stake <https://youtu.be/KOxTKqIpXHc>

How Public and Private Keys work <https://youtu.be/bvSJm7fHXto>

When all Bitcoin have been mined <https://youtu.be/QLBvjhLI7AU>

What is the Bitcoin Halving https://youtu.be/Ye9ckbN_lqc

Blockchain transactions <https://youtu.be/QmIK6UjxoVc>

Top crypto terms to know <https://youtu.be/3NbPDvnehWg>

Top crypto trading terms to know <https://youtu.be/Cq73XqUra7l>

Safety tips <https://youtu.be/hQF-V5Duu88>

Crypto hardware wallets <https://youtu.be/SAlOPHYh7Xw>

Dollar Cost Average strategy <https://youtu.be/j3Bwqis07FQ>



Tasks

Task 1:

Purchase a premium package Internet Security. Bitdefender, McAfee or Kaspersky and install it on your devices. Desktop and Mobile.

Task 2:

Create an anonymous encrypted email address (not using your full name) using Protonmail.

Task 3:

Download BRAVE browser onto your Desktop and mobile device.

Task 4:

Download a VPN onto your Desktop and mobile device. If your internet security software does not have a VPN feature, you can use Proton VPN free service or Nord VPN (paid service). Run VPN on your devices in the background.

Task 5:

Download Google Authenticator app onto your mobile device from the Google Play or Apple I Store.

Task 6:

Open a cryptocurrency exchange account (CEX), our first choice is Binance, if not available in your country, then our next choice is Bybit and then Kucoin or Huobi, Kraken or Coinbase.

N.B. use your new encrypted email address to open the account.

Task 7:

Once your CEX exchange account is open proceed to upload KYC documents if required (ID and Proof of Address). Binance will require KYC docs to be uploaded, Bybit and Kucoin and Huobi will not require KYC until you reach a certain withdrawal limit.

Task 8:

Once your exchange account is open proceed to the security section and enable the following security features

- Enable 2nd Factor Authentication (remember to take a copy of the QR Code and/or backup code before scanning the QR Code with your mobile device (open Google Authenticator app on your phone and push + icon to add an account)**
- Bind your mobile phone number to your CEX account. (Remember that if you travel overseas you may need to disable this security feature if you do not receive SMS messages while overseas as you will not be able to access your account if you do not receive the SMS). You can enable upon your return.**
 - Enable Whitelist addresses.**
 - Enable Anti-phishing code to your emails.**

Task 9:

Transfer a small of Fiat currency into your CEX exchange account. This amount is for testing purposes so no more than \$100.

Task 10:

Once Fiat has arrived in CEX account proceed to purchase \$50 Bitcoin (BTC) on the CEX platform.

Task 11:

Download Exodus wallet to your desktop and run the application. This is your Hot wallet.

Task 12:

Withdraw BTC from your CEX (Centralized exchange), Binance or Bybit and deposit it into your Exodus wallet. When BTC arrives in your Exodus wallet, proceed to create a password, and write down your 12-word seed phrase (Top right-hand corner of your Exodus wallet dashboard cog wheel), and store safely and securely.



Task 13:

Purchase a Ledger Nano S+ or Ledger Nano X from Ledger using the following link: <https://shop.ledger.com/?r=71391beede5b>. This is your Cold wallet or Hardware wallet.

Once you have received your Ledger Nano proceed to follow the instructions and download Ledger Live application on your desktop PC.

Task 14:

Make sure that you have stored your 12/24-word seed (mnemonic phrase) for your Exodus and Ledger in a safe place as well as your passwords for your various wallets and exchange accounts. Make sure to also store the backup code or QR code for your 2 Factor Authenticator codes.

Task 15:

You are now going to withdraw your BTC from your Exodus wallet and deposit the BTC into your Ledger account. You will need to go to your BTC account in Ledger Live and get the BTC deposit address. Then open your Exodus wallet application go to your BTC account and SEND the BTC to Ledger by pasting in the Ledger BTC Deposit address.

You have now successfully converted your FIAT currency to digital currency and transferred it from your CEX account to your Exodus (Hot) wallet and then transferred the BTC to your Ledger (Cold/Hardware wallet). Congratulations you have just moved value or energy over the world's largest decentralized computing network without any third-party intermediary and your transactions are forever logged and time stamped on the Bitcoin ledger.

Congratulations you are on your way to becoming your own bank!

